

EDU AFRICA
TRANSFORMATIVE LEARNING JOURNEYS



SPACES OF HOPE

University of Miami
June 2023



PROGRAM OVERVIEW

About South Africa

As its name might suggest, South Africa is a country located on the southernmost tip of the African continent. South Africa is well-known on the global stage for its long struggle with Apartheid, transitioning to a democratic nation in 1994. Its formative histories, however, are much longer and more complex than the narrow lens of Apartheid allows. Contact between the indigenous societies of the Khoi and the San, and the waves of migration that brought various Bantu civilizations south from West Africa are a couple of examples. Like many other African countries, South Africa is home to varied people groups, cultures, and religious belief systems; for this reason, it is often called the “Rainbow Nation”. It is also geographically rich and varied, comprising 8 different biomes that are spread across the country, and is home to a spectacular array of plant, mammal, and bird species.

As a nation, South Africa is still struggling with the legacy of Apartheid and the related socio-economic issues that prevail. South Africa is currently experiencing a protracted period of slow economic growth due to the challenges of poverty, inequality and high unemployment. This situation has been hampered even further by the effects of the COVID-19 pandemic. Despite all of this, the country is alive with possibility and innovation. As the country continues on its course of nation building, it faces the challenge of including all of its citizens in the process of transformation and the dismantling of the economic and spatial divisions that are still so deeply entrenched in society. Through hands on and sustainable service learning students will gain a meaningful understanding of the challenges and realities of the South African context, while also balancing this with the hopeful and exciting future that is possible. Through this immersive experience, students are encouraged to expand their worldview, grow a global mindset that considers new ways of thinking, and develop skills to better engage with community based work.

TRANSFORMATIVE LEARNING JOURNEYS

EDU Africa aims to promote the process of student transformation by utilizing the unique context of Africa to help students broaden their intellectual horizons and grow personally, cross-culturally, professionally, and as global citizens.



INTERCULTURAL
COMPETENCE
(IC)



GLOBAL
CITIZENSHIP
(GC)



PERSONAL
GROWTH
(PG)



PROFESSIONAL
DEVELOPMENT
(PD)



INTELLECTUAL
GROWTH
(IG)

LEARNING OUTCOMES

By the end of this program, students should be able to:

1. Demonstrate an attitude of empathy towards other cultures, along with verbal and non-verbal intercultural communication skills **(IC)**
2. Understand the role they can play in being a global agent for change **(GC)(PG)**
3. Exhibit an understanding of key concepts related to community development, nation building, sustainability and transformation **(IG)**
4. Critically reflect on potential solutions to issues in society pertaining to race, class and cultures **(IG)(PG)**
5. Display increased knowledge and understanding of South Africa's complex history and its impact on current realities in the country **(IG)**
6. Develop an awareness of South Africa's natural heritage and efforts to conserve it **(IG)**
7. Demonstrate increased personal self-awareness **(PG)**
8. Connect insights gained during study abroad to wider career objectives **(PD)**

Note: Specific learning outcomes and activities can be constructed in collaboration with EDU Africa's dedicated curriculum development team.

DAILY PROGRAM

Prior to departure		- EDU Africa commits to participating in 1 - 2 online pre-departure meetings with students - Students to complete Transformation Questionnaire 1			
June 2023	Travel	Accommodation	Meals Included	Activities	Learning Outcomes Achieved
Sat 3	Arrive CPT	Mouille Point Apartments		Airport transfers Orientation Transformation Q1 V&A Waterfront	-
Sun 4		Mouille Point Apartments	D	Chapmans Peak Drive Cape Point Nature Reserve Boulders Beach Penguin Colony Welcome Dinner	- 6 6 -
Mon 5		Mouille Point Apartments		Overview of the City Visit Khayelitsha	3, 4, 5,
Tues 6		Mouille Point Apartments		Class District 6 Museum Zeitz MOCAA	- 2, 5
Wed 7		Mouille Point Apartments	D	Table Mountain Robben Island Dinner With Lionel Davis	6 4, 5 2, 4, 5
Thur 8		Mouille Point Apartments	D	Cape Winelands Group dinner	-
Fri 9		Mouille Point Apartments		Class Reflection Session Hout Bay Harbor Market	- 4, 7, 8 -
Sat 10		Mouille Point Apartments	D	Free Day Cape Malay Cooking Class	- 1, 5
Sun 11	CPT-KNP	Timbavati Safari Lodge	D	Fly To Kruger National Park Evening Game Drive	- 6
Mon 12		Timbavati Safari Lodge	BD	Service Learning - Eco Children	1, 2, 3, 4, 5, 6, 8
Tues 13		Timbavati Safari Lodge	BD	Service Learning - Eco Children	1, 2, 3, 4, 5, 6, 8

Wed 14		Timbavati Safari Lodge	BD	Service Learning - Eco Children	1, 2, 3, 4, 5, 6, 8
Thur 15		Timbavati Safari Lodge	BD	Service Learning - Eco Children Visit to Shangaai Villiage Boma Braai	1, 2, 3, 4, 5, 6, 8 1, 5 -
Fri 16	KNP-CPT	Mouille Point Apartments	B	Service Learning - Eco Children Fly to Cape Town	1, 2, 3, 4, 5, 6, 8
Sat 17		Mouille Point Apartments		Class Free afternoon	-
Sun 18		Mouille Point Apartments		Day off	-
Mon 19		Mouille Point Apartments		Visit to the University of Cape Town Kirstenbosch Gardens	- 6
Tues 20		Mouille Point Apartments	D	Final class and program wrap up Farewell Dinner at GOLD	4, 7, 8 -
Wed 21	Depart CPT	Depart CPT		Airport transfers Departure	-

Abbreviations: CPT: Cape Town, KNP: Kruger National Park, B: Breakfast, L: Lunch, D: Dinner

SUSTAINABLE DEVELOPMENT GOALS

This program engages students with the principles of the following United Nations Sustainable Development Goals:



LOCAL PROGRAM FACILITATOR

All EDU Africa programs are administered by a Program Facilitator. The facilitator meets the group of students on arrival at the airport and accompanies them for the full duration of their time on the ground. The facilitator is available at all times to assist with any student and educator needs, thus ensuring the smooth running of the program.

PROGRAM CONTRIBUTORS

Thulani Dyushu



Having grown up in Khayelitsha and now an active facilitator for a number of community projects throughout the Cape Flats, Thulani Dyushu has a wealth of knowledge on the history, development, and life of these townships. He will take you on a journey through the Cape Flats from Langa, Cape Town's oldest Township, through Cross Roads and Gugulethu where you will end in Khayelitsha, South Africa's second largest township. Thulani is a local and you will be welcomed into the community with the warmth that is at the heart of the locals.

Lionel Davis, Former Political Prisoner on Robben Island



Lionel Davis was arrested in 1964 and sentenced to seven years on Robben Island for conspiring to commit acts of sabotage. After his release, he was restricted under a banning order and placed under house arrest until 1976. His interest in art led him to complete a degree in Fine Arts with the University of Cape Town in 1994. For many years Lionel worked with the Robben Island Museum as an Educational Officer. Today he continues to do his art, participate in many community projects, and gives talks and guided tours of the island.

Eco Children



Eco Children is a non-profit organization initiated by the Klaserie Private Nature Reserve to not only conserve South Africa's natural heritage but to empower the youth by equipping them with the knowledge and skills to become well-rounded, educated young adults. Eco children operate in the Limpopo and Mpumalanga provinces in north-east of South Africa. The organization runs various projects that offer service-learning opportunities, including a focus on eco education, infrastructure, literacy and teacher training.

ACCOMMODATION

Mouille Point Village

Mouille Point Villages is situated in one of the most beautiful seaside suburbs on the Atlantic Seaboard, close to several Cape Town landmarks making it the ideal place to stay and enjoy Cape Town and all it has to offer. On the famous promenade, opposite the apartments, you will be able to enjoy long scenic strolls or jogging along the ocean or you can enjoy one of the trendy coffee shops, cafe's, and deli's all situated on the beachfront area. The self-catering apartments are located in an apartment complex and include complimentary Wi-Fi and all other basic necessities.



Timbavati Safari Lodge

Timbavati Safari Lodge is situated on a Private Nature Reserve approximately 20 minutes from Kruger National Park's Orpen Gate. It borders the Limpopo and Mpumalanga Provinces of South Africa. Timbavati Safari Lodge offers a selection of chalets and rondavels (round huts) painted with Ndebele traditional artwork. All units are en-suite with twin or double layouts and are equipped with modern amenities. The lodge offers complimentary Wi-Fi and has an on-site restaurant, a sparkling pool and common lounge area which is available for groups to use for recreational time or as a venue for meetings. Timbavati offers game drives in the Private Reserve as well as through the Kruger National Park.



CURRICULAR ACTIVITIES

Khayelitsha Community Experience

Khayelitsha is one of Cape Town's many Township communities that exist on the outskirts of the city. Facilitators will guide participants on a walk through the bustling streets of Khayelitsha, sharing their knowledge and lived experiences of life in the community. During their time in the community students will learn about the history, daily life and customs from residents, and may also engage with artists, families, and business owners which can be customized according to a group's themes and learning outcomes. Participants are encouraged to be curious, to explore and to interact with locals in order to increase their knowledge of different cultures and develop their intercultural communication skills.

District Six Museum

The District Six Museum was set up by ex-residents and activists who are the custodian of their stories. The Museum was founded in 1994 to honor some 60,000 non-white residents that were forcibly removed from their homes during apartheid in the 1960's and 1970's in order to make the neighborhood whites-only. The museum houses an impressive collection of old street signs, photographs and stories of District Six, most of which were donated and told by former residents. Located centrally, just a 10-minute walk from Greenmarket Square in the Cape Town CBD, the museum serves as a remembrance of the once lively multi-racial colorful hub for musicians, artists, freed slaves, merchants, laborers and immigrants. Displays include maps, faded photographs, recordings, reconstructions of home interiors and other reminders.

Zeitz MOCAA

The Zeitz Museum of Contemporary Art Africa (Zeitz MOCAA) is located in the V&A Waterfront and is a public non-profit contemporary art museum where students will view and learn more about the twenty-first century art from Africa and its diaspora. Zeitz MOCAA collects, preserves, researches, and exhibits art from across the continent and beyond. Students will be encouraged to increase their knowledge of other cultures in the area of Arts through their visit here, as well as consider links of global citizenship as they explore the various global themes, ideas and viewpoints that are expressed through the African art that is on display.

Table Mountain Learning Experience

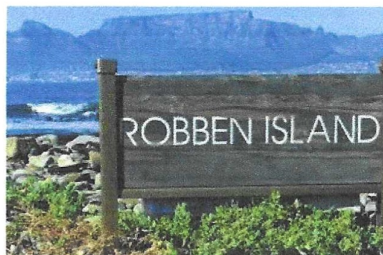
Table Mountain is an iconic flat-topped mountain that overlooks the city of Cape Town. The mountain has been named one of the official New 7 Wonders of Nature because of the incredible diversity of indigenous flora found on the mountain. Lessons about the fauna and flora while visiting Table Mountain can be incorporated into a program. Students have the option of riding the cable car or hiking to the top of the mountain, experiencing panoramic views as they ascend to the summit. The view from the top provides a broader understanding of the layout of the city. Table Mountain is also an ideal and unique setting to facilitate a reflection experience and get a birds eye view of the urban design of the city of Cape Town.

Robben Island

Declared a World Heritage Site, the notorious Robben Island prison is where Africa's political prisoners, including former President Nelson Mandela, were kept during the colonial and Apartheid years of South Africa. Students will travel to the island by ferry and be accompanied by a former political prisoner on a visit to the prison facilities. Students will gain first-hand experience of the island's rich multi-layered history, shaped by its many different occupations and uses.

Lionel Davis: Conversation with former freedom fighter & Robben Island prisoner

Lionel Davis is a former political prisoner who served several years at Robben Island. This interactive discussion allows students to listen and engage with a rare insider's look at life in the prison. Lionel shares about his life as a person of color in South Africa, interactions with other political prisoners who served time for their involvement in anti-apartheid government efforts, and his journey of hope and reconciliation since leaving the island.



Cape Malay Cooking Experience.

Jasmina and Shafeeqah are a Cape Malayan mother and daughter team residing in Bo Kaap. They invite participants into their aromatic kitchen where they share a step-by-step process of preparing traditional Cape Malay dishes that are loved by locals in the community. Students enjoy a hands-on demonstration and are invited to blend spices, mix falooda, roll rotis, and perfectly fold a samosa. At the end, everyone sits down to enjoy a home-cooked meal together – the perfect opportunity to learn more about Jasmina and Shafeeqah's life experiences in Cape Town.

Shangaan Cultural Village

The residents of this village invite guests to share in the traditional way of life of the Shangaan people. The picturesque village is set in the shade of ancient trees in a reserve of forest and grassland. A bustling African market forms the centre of the village where local craftspeople make and trade their craft. From here, trained guides lead guests down to the the Chief's Kraal. The village forms a place of great pride for the local people and is a way of preserving a rich heritage for the Shangaan and is an example of South Africa's great cultural diversity.

CO-/EXTRACURRICULAR ACTIVITIES

The V&A Waterfront

The Victoria and Alfred Waterfront is located on the Atlantic shore between Robben Island and Table Mountain and is situated in the oldest functioning harbor in South Africa. The Waterfront was named after Prince Alfred and his mother, Queen Victoria to commemorate the first-ever visit from the Royal Family. Participants can visit the Nelson Mandela Gateway to Robben Island, Chavannes Battery, Noble Square, and the Zeitz Museum of Contemporary Art Africa. The waterfront is also home to the Two Oceans Aquarium, Cape Wheel, Watershed Market, V&A Food Market, canal and harbor cruises, myriad restaurants, cafés, and shops, as well as African dancing and djembe performances.

Boulders Penguin Colony

Boulders Penguin Beach is found in the seaside village of Simon's Town in False Bay. It is home to the unique and endangered land-based colony of African Penguins. This penguin species is considered endangered because its population is declining rapidly, most likely due to commercial fisheries and shifts in prey populations. However, this particular colony now has an estimated 2000 to 3000 birds from just two breeding pairs which settled at Boulders Beach in 1982. Those visiting this beach can get close to the breeding penguins from the wooden boardwalk or spot wandering penguins and their incubators as they walk along the viewing path. The penguins are safe and protected within their habitat which is part of the Table Mountain National Park Marine Protected Area.

Cape Point Nature Reserve

At the southernmost tip of Cape Town's south peninsula, Cape Point is a spectacular sight, covered in endemic fynbos and home to breathtaking bays, beaches, and rolling green hills and valleys. Cape Point falls within the Cape Floral Region; one of the richest areas for plants in the world and home to nearly 20% of Africa's flora.



Stellenbosch Wine Route

Stellenbosch is a university town located in the Cape Winelands east of Cape Town, South Africa. The Stellenbosch Wine Route comprises several sub-routes surrounding the Stellenbosch area. These wine routes, rich in heritage and culture, represent more than 300 wineries making Stellenbosch South Africa's premiere wine producing area. Students will have the opportunity to discover and explore several wine frames on the Stellenbosch Wine Route and learn about their heritage; the process of farming grapes and making wine; tours of the cellars and the opportunity of tasting award winning wines.

Boma Dinner

'Boma' refers to an enclosure, traditionally made from tree branches. The use of *bomas*, particularly as protective enclosures for homes, community gathering spaces, or livestock, dates back to precolonial African societies. Many safari game lodges now choose *bomas* out of creative design preference for outdoor dining and performance areas. Students will have an open-air *boma* dinner and enjoy song and dance performances under the night sky.

Kirstenbosch Botanical Gardens

Located on Table Mountain's eastern slopes is the beautiful Kirstenbosch Botanical Garden. The garden was established in 1914 and is the first of its kind to be devoted to a country's indigenous flora. It forms part of a large conservatory that displays a large variety of vegetation from regions such as fynbos, karoo, savanna and others. On a walk through the beautiful botanical garden, students will learn about the sheer diversity of plant life within the Cape Floral Kingdom and why certain species and biomes are under threat of extinction.

Djembe Drumming & Dinner at GOLD Restaurant

GOLD Restaurant is a vibrant, eclectic Pan-African experience in the heart of Cape Town. A typical evening at GOLD Restaurant starts with an interactive drum circle, teaching participants how to play the djembe to the rhythms and sounds of Africa. After a traditional hand washing ceremony, participants are led on a culinary adventure through Africa.



PROGRAM EVALUATION

Transformation Questionnaires

EDU Africa's Transformation Questionnaires are pre-and post-test student self-evaluations designed to help gauge their transformation in line with EDU Africa's transformative learning goals. Students complete Transformation Questionnaire 1 at the start of the program, providing a benchmark score against which we compare their results for Transformation Questionnaire 2 (completed at the program's end). A report is drawn from the student data collected and shared with faculty in the weeks after the program has ended.

Reflection Sessions

Reflection sessions encourage students to think through, process, and make meaning of their experiences in the program. Through a combination of formal and informal reflection techniques, students will be asked questions and invited to engage in structured activities that encourage them to articulate their thoughts and feelings, internalize any lessons or moments of growth, and ultimately, transform, in line with the program learning outcomes.