

Department of
Epidemiology and
Public Health

Distinguished Speaker Series

Creating Activity-Friendly Communities: What Can You Do?

Please join us for a special presentation by Dr. James F. Sallis, Ph.D., whose primary research interests are promoting physical activity and understanding policy and environmental influences on physical activity and nutrition. As the author of over 500 scientific publications, Dr. Sallis is one of the world's most cited authors in the social sciences, and has been identified by Time Magazine as an "obesity warrior".

Physical activity is done in a variety of settings, and those settings are in the domains of transportation, city planning, parks and recreation, education, and architecture. However, the ways in which we have created our policies and built environment may have had the unintended effect of reducing our daily physical activity levels. What can we do to reverse this tide of inactivity and to help promote a healthier, more active community?

This seminar will review current programs and efforts from around the country and discuss potential solutions that can be applied here in our South Florida community.



James F. Sallis, Ph.D.
Distinguished Professor of
Family & Preventive Medicine,
University of California,
San Diego
Director, Active Living
Research

Tuesday, February 7, 2012
9:30am - 10:15 a.m.

Glasgow Hall
Jorge Perez Architecture Center
School of Architecture
1223 Dickinson Drive,
Coral Gables, FL 3346

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